

LABORATORY SAFETY RULES

Here are some safety rules that should be followed in multidisciplinary laboratories to avoid accidents and injuries and to protect yourself and your surrounding environment. Please **sign the sheet after reading carefully**. You can ask your instructor if any of the items need clarification.

1	Laboratory white coats must be worn for each practice session and buttoned up, they should not be worn outside of the laboratory.
2	Long hair should be tied back neatly, away from the shoulders.
3	Enclosed footwear must be worn - (thongs and open sandals are not allowed).
4	Loose clothing should be secured so they do not get caught in a flame or chemicals.
5	Avoid wearing jewelry in the lab as this can pose multiple safety hazards.
6	Keep your personal stuff or things (mobile phone, bags, laptop) out from the laboratory or put on the cupboard.
7	Gloves must be used when necessary. (Do not under any circumstances put on latex gloves if you have had any reaction to the wearing of latex gloves or a latex reaction previously).
8	Dispose of the gloves before leaving the lab.
9	Wear safety goggles to protect your eyes when heating substances, dissecting, etc.
10	Smoking, eating, drinking, and chewing gum are prohibited while in the laboratory.
11	Use equipment only for its designated purpose.
12	Avoid placing any object in your mouth - (pencils, pens, fingers, etc.). No mouth pipetting is allowed.
13	Do not taste or smell chemicals.
14	Never leave containers of chemicals open.
15	Never point a test tube being heated at another student or yourself. Never look into a test tube while you are heating it.
16	Leave your workstation clean and in good order before leaving the laboratory.
17	Do not lean, hangover or sit on the laboratory tables.
18	Do not leave your assigned laboratory station without the permission of the teacher.
19	Learn the location of the fire extinguisher, eyewash station, and safety shower.
20	Learn emergency exit routes.
21	Report all accidents, injuries, and breakage of glass or equipment to the instructor immediately.

22	Learn how to transport all materials and equipment safely.
23	Unauthorized experiments or procedures must not be attempted.
24	Students found in violation of this safety rule will be barred from participating in future labs and could result in suspension.
25	Microscopes and other instruments are to be cared for as directed by the instructor
26	Doors and windows are to be kept closed at all times. Visitors are not allowed in the lab.
27	Cultures and slides in microbiology may not be removed from the lab.
28	Any item contaminated with bacteria or body fluids must be disposed of properly. Disposable items are to be placed in the BIOHAZARD container. Reusable items are to be placed in the designated area for autoclaving prior to cleaning. Sharps are to be disposed of in the appropriate sharp-box container.
29	Micro-incinerators reach an internal temperature of 850 °C. Keep all combustibles away from the micro-incinerators. Do not leave inoculating loops or needles propped in the micro-incinerators. Never bring flammable alcohol near them.
30	Wash your hands before leaving the laboratory.

I certify that I have read and understood the safety rules and that I agree to abide by them.

DATE	
STUDENT ID	
STUDENT NAME-SURNAME	
SIGNATURE	